What is claimed is:

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- 1. A cushioning body comprising:
- a heat resistant elastic member arranged around an electromagnetic wave generating unit; and
- an electromagnetic wave blocking member arranged in the heat resistant elastic member.
 - 2. The cushioning body as claimed in claim 1, wherein the electromagnetic wave blocking member is ferrite particles dispersed in the heat resistant elastic member.
- 3. The cushioning body as claimed in claim 2, wherein the ferrite particles are locally distributed in the heat resistant elastic member.
 - 4. The cushioning body as claimed in claim 1, wherein the electromagnetic wave blocking member is a mixture of a shock absorbing oil and an electromagnetic wave absorbing member and is wrapped by an outside skin formed of the heat resistant elastic member.
 - 5. The cushioning body as claimed in claim 1, wherein the electromagnetic wave blocking member is a metal sheet arranged
- 20 in the heat resistant elastic member.
 - 6. The cushioning body as claimed in claim 5, wherein the metal sheet has a roughened surface.
 - 7. A cushioning body comprising:
- a heat resistant elastic member arranged around an electromagnetic wave generating unit; and

an electromagnetic wave blocking member, wherein the heat resistant elastic member is made of shock absorbing gel; and

the electromagnetic wave blocking member is a metal frame 30 for fixing the shock absorbing gel.